

Leaving from Moscow to Beijing

NAADAM is Mongolia's biggest and most uproarious festival of the calendar year. Mongolia's extreme climate (hot summers, freezing Siberian winters) mean that rural communities (who make up 75% of the population) are cut off in winter, when deep snow makes all but major roads impassable. To make-up for a lack of New Year festivities (in any case Mongolians mark the Lunar New Year), Mongolians go berserk at Naadam instead.



Ulaanbaatar

### What's included

### FULL ON

#### Train

- > 4-berth rail for complete journey (pre-assigned berths)
- > option to upgrade to 2-berth

#### Moscow

- > transfer on arrival to your hotel
- > 2 nights 3 + hotel, breakfast
- > 3 hour personalised walking tour with local expert
- > transfer to the station on departure

### Irkutsk

Moscow

- > all transportation
- > 3 nights 3★ hotel, Listvyanka Village, breakfast
- > excursion option

### Ulaanbaatar

- > all transportation
- > 2 nights 3\* hotel ,breakfast, 2 boxed lunches
- > 2 nights Elstei Ger Lodge all meals
- > 1 night Hustai Ger Camp all meals
- > 1 night Molit Valley Ger Camp all meals
- > City tour of Ulaanbaatar
- > Naadam tickets

### In the know

The word "Kremlin" isn't Russian – it's from a medieval Tartar word meaning "fortress". There used to be kremlins all over Russia in the days when the Mongols were a threat. There's even one in Siberia, at Tobolsk.

"Siberia" means "the sleeping land" and isn't a Russian word – it comes from the Tartar name for the area, "Sibir".

Lake Baikal is the world's largest, and has more statistics than any other lake.

Genghis Khan's name is correctly spelt "Chinghiskhan", although his name at birth was Temujin. Despite his reputation for ferocity, the oldest annals of Mongolian history reveal he was frightened of dogs.



### No ordinary trip

At The Russia Experience we like to ditch the clichés, discard the puff and concentrate on what we do best – bringing to life the world's longest train route: the places visited, the encounters made and the realisation of a journey that is both engaging and rewarding.

We continually look at ways of enhancing the Trans Siberian experience, incorporating seasonal considerations (such as the Harbin Ice Festival), providing the historical context (pay a visit to the only remaining Soviet Gulag) or inviting you to savour the diverse cultural influences of indigenous people (sit down with a shaman, or enjoy the Siberian art of throat singing!).

We have no group departures, our advertised dates always operate (barring anything completely out of our control) and, above all, we will tell you it like it is – allowing you to make the right choice from a portfolio of journeys rich in variety and full of memorable experiences. Sorry! We couldn't resist at least one cliché!



### Visa Requirements

Visitors to Russia, Mongolia and China require visas. These must be obtained prior to departure. Visa processing times for these countries can be up to;

Russia	10 Working Days
Mongolia	06 Working Days
China	07 Working Days

However fast track processing is possible.

Due to the support documents required by the Embassy of Russia (which we obtain), you will need to book your trip before starting to obtain visas.

For full information regarding visas, please refer to our web site.

### Hints and Tips

TOP TIP! – Popular time of year to travel so book early!

Photocopy your passport including the visas issued pages, airline tickets and insurance policies.

Your passport must be valid for at least six months past the end of your travel dates.

### **Travellers Checklist**

Day pack, back pack, money belt, first aid kit, heat proof mug, instant coffee, tea bags, sun hat, mosquito repellent, lightweight jacket,

flip flops, swim wear, sun cream, warm jacket (Sep-Apr departures), ski clothing. (For those participating), warm waterproof walking boots, photographs of home to show the Nomads, Mongolian children love bubbles!, universal sink plug, bottle opener.

### Climate and time - Minimum/maximum Temperatures °C

	May/Jun	Jul/Aug	
Moscow	+15/+22	+15/+30	
Irkutsk	+8/+22	+26/+38	
Ulaanbaatar	+15/+24	+26/+42	
Beijing	+15/+22	+24/+30	

## full on itinerary – 19 days

Naadam is the traditional three-day festival of "manly sports" - the biggest event on the Mongolian calendar. In fact it is celebrated across Central Asia in different ways. Before the Socialist revolution in 1924, Naadam included many aspects of both Buddhism and Shamanism, including elaborate mask-dancing and processions. These elements were stamped-out by the Communist authorities and eradicated. After communism collapsed in Mongolia, the mask-dancers were allowed to participate in the Opening Parade, but no mask ceremonies or Buddhist rituals are included. The main thing is the sports wrestling, archery, flicking dried sheep's ankle-bones at a target (harder than it sounds!), and the biggest spectacle of all the horse-racing. All the events go on in parallel, and aficionados go to see what interests them most. Foreign visitors tend to dip-in and watch a bit of everything, and also take a wander round the many souvenir-stands and food-stalls that pop-up around the arenas. Mongolia's population is spread thinly over huge areas of land (three times the size of Germany, but with the population of just one small German city), and the harsh winters make travel impossible for many small communities in wintertime - the summer festival of Naadam has always been not only a ceremonial and sporting event, but a chance to visit distant friends and relations, enjoy a chitchat, something of an annual fair, and also a chance for young people in isolated communities to perhaps find a spouse? The organisation of the events (mostly by the sports fans who participate in them) can sometimes be rather chaotic so be prepared for schedule changes, and a lot of traffic jams!

### DAY 01

"S Priezdom! Welcome to Moscow!" Our driver will be there to meet you from whichever flight, train or boat you arrive. You'll then be transferred to the Panorama 3★ Hotel. The facilities available at this hotel include a Restaurant, Lobby Bar, Lobby Wi-Fi



access, Luggage Room, Safety deposit boxes and an ATM machine. At check-in, (after 2pm) the hotel reception will advise you they will need your passport for visa registration. This process takes 1–2 hours. Your complimentary InfoPack is full of ideas for getting the most out of your free time. (Please note your Trans-Siberian train tickets will be delivered to the hotel during your two night stay.)

### No meals

### DAY 02

After breakfast one of our local expert staff will meet you at the hotel to take you on a three hour walking tour round the highlights you'll use public transport around the centre to avoid the traffic jams and get the hang of the system for when you come to use it independently. Our staffers are full of ideas for this walk but are flexible about other ideas if you have your own. Your walk ends in the city centre around lunchtime. If you haven't pre-booked any of our range of city excursions the rest of the day is your own to explore further. Some of our top suggestions (please check opening times/days before setting off) would include visiting the Moscow Kremlin, the Tretyakov Gallery, the Pushkin Fine Arts Museum, or a boat trip along the Mosvka River ... perhaps locate some tickets for ballet, opera, circus or a concert this evening? As well as famous classical music traditions Moscow features on the touring schedules of world names in jazz, rock, pop and world music. Breakfast

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### DAY 03

Your morning is free until 11.30am when a driver is scheduled to take you to the station. Although there's a restaurant car service on board your train you may want to supplement this with some snacks, treats, and fresh fruit that you could buy today.

Your transfer from the hotel to Yaroslavsky station is scheduled for 11:30am, so please be at the hotel reception where your driver will meet you and will assist your boarding of the Irkutsk bound train. Breakfast

### DAY 04-06

On board The Trans-Sib ....Travelling towards Irkutsk. The dining car is the heart of social life on the train. It functions as bar, lounge, and take-out snack store, as well as a café serving reasonably priced meals. It is a great place to meet fellow travellers and locals alike, sharing your experiences of your journey so far with a few drinks, which no doubt will include some Vodka – and maybe smoked salmon and caviar too! Along the way you'll see astonishing Siberian scenery as the deciduous forests of the Ural Mountains slowly give way to Siberian pine forests. The major landmarks are the great rivers you cross, including the River Ob at Novosibirsk (one of the most famous bridges on the route), and the gigantic Enisei River (at Krasnoyarsk). No meals

These dossiers are designed to provide you with a guide to our trips, the places visited, accommodation used and to give you a flavour of your daily itinerary. You will be travelling in parts of the world where the unanticipated and the unusual are all part of the experience and, as a result, the unexpected can happen and we may on occasions need to vary your plans. These dossiers do not form part of any contract.

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### DAY 07

Early morning arrival in Irkutsk. Our driver will meet you at the end of the platform, holding a meeting-board displaying "Russia Experience". Transfer to "Krestovaya Pad 3\* Hotel" situated in Listvyanka Village (70km) travelling by road through the forest. The Krestovaya Pad Hotel is set just 50 metres from the shores of Lake Baikal. Hotel facilities include; sun terrace, sauna (local charge) Laundry and Ironing service, restaurant and bar. All rooms have private bathrooms, tea and coffee facilities and a minibar. Wi-Fi is free of charge in public areas. The nearest ATM-machine in the Baikal Hotel (Listvyanka remains a village, and doesn't have the range of banking services you could expect in a city). The official check-in time is 13:00, the hotel reception will advise you they will need your passport for visa registration formalities. If your room is available this will - of course be allocated to you on arrival. (If your room is not available you will be able to leave your luggage with the hotel reception). You will have a chance to have breakfast before setting off on your walking tour around Listvyanka Village. This will include a visit to the Limnological Museum (this is an exhibition about the Lake, its formation, wildlife etc. - it includes multimedia presentations, information about the creatures which live in the darkest depths, and also an aquarium with living aquatic species, including the unique freshwater Baikal seals) and also a small wooden village Russian Orthodox Church dating back to the C18th. You return to your hotel at the end of the walk, with time to relax and enjoy your lakeside surroundings, maybe experience real Siberian "banya" (sauna local charge).

Breakfast

### **DAY 08**

Choose one activity from the list, it's all included in the trip price! You'll need to inform us of your choice before commencing your journey, so that we can have the right staff on hand for when you arrive (please note the Siberian weather puts seasonal limits on some activities – details below).

**A. SIBERIAN TREK** through the Taiga Forest with a local guide who will explain the wildlife, with a local guide who will explian the eco system and lore of the Taiga. The trek is 4-5 hours long, includes a picnic style lunch and a good level of fitness is required. (May-Oct)

**B. CIRCUM BAIKAL PICNIC** Take the Ferry from Listvyanka to Port Baikal which takes around 15 minutes. Walk around Port Baikal, where you will see the train station of the old Circumbaikal rail line. Then you will walk along the rail line to the nearest tunnel (2-3 km). Stopping for a picnic lunch on the shore of Lake Baikal. Return to Port Baikal, ferry back to Listvyanka. The excursion is around 5 hours duration. (Jun-Sep)

**C.TALTSY WOODEN MUSEUM** A two hour trip which includes a return transfer by car, and entrance fees to the Taltsy open air wooden museum which is situated on the shore of the Angara river. On arrival you are free to explore independently and there is a tea house here where afterwards you can have a cup of tea and traditional Russian snack (pencakes, pirodzki, etc) This picturesque area shows how life was and has been sympathetically restored as a tourist attraction where you can buy authentic souvenirs. (Year round)

D. PORT BAIKAL A day trip to Port Baikal with a local guide taking a ferry from Listvyanka. On arrival visit the Circumbaikal Railway Museum located at the train station then an uphill hike to the White stone viewpoint and to see the old lighthouse. Followed by a visit to a Russian Orthodox Church, lunch and free time walking back to the village. Return by ferry. Duration 5 hours. (May–August) Breakfast

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### DAY 09

No specific itinerary is planned today. This is a free day at your leisure. Why not take a walk down to the harbour and enjoy the freshly caught omlu, the indigenous fish of Lake Baikal. Breakfast

### **DAY 10**

After breakfast transfer back to Irkutsk city. Where you will have the option to leave your bags at our local office. You will be given a map and recommendations of interesting places to visit, balance of day free to explore. We suggest you take this opportunity to purchase provisions for the next leg of your journey, as often this service has no dining car. This evening transfer to the station for the Ulaanbaatar bound train. Breakfast

### **DAY 11**

On board heading down towards Mongolia. At midnight you will make the border crossing into Mongolia with the usual halt for formalities. No meals

#### **DAY 12**

Arrival in Ulaanbaatar, and straight to the Naadam Opening Ceremonies. Naadam kicks off with an opening parade around the track of the Sports Stadium, vaguely similar to the Olympics Parade but with a special Mongolian twist. In addition to all the competitors, the Parade includes all the past & present Miss Mongolias, famous singers, actors and musicians, rock bands, a motorbike enthusiasts group, various carnival floats, masked shamanic dancers, and various celebrities and politicians. Once Naadam has been officially opened, the wrestling bouts began right there at the Stadium – the rounds will take three days to complete! In the adjacent stadiums there are archery contests to watch, and all around the stadium area an impromptu fair of souvenir-stands, fast food and attractions takes place. Afternoon transfer out of Ulaanbaatar to the horse-track, to see the rounds in the horse-riding championships. Return to Ulaanbaatar, and overnight at the Bayangol Hotel, right in the centre of town. Breakfast, Boxed Lunch, Supper

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### **DAY 13**

After breakfast return to the stadium to the wrestling and archery tournaments. This afternoon transfer to Elstei Ger Lodge (70km). With a scheduled stop at the enormous monument to Genghis Khan along the way. It may not be quite traditional in style (since it's made of stainless steel) but it's an astounding edifice and a testament to Genghis's place in Mongolian culture (astonishingly the Communists tried to write bim out of official bistory text-books)

him out of official history text-books). Taking the elevator to the top of this 10 metre high monument you visit the exhibition hall from where you will have an excellent panoramic view over the complex area and the scenery beyond. On arrival to Elstei Ger Lodge you will be allocated a four person share Ger. (2 -person upgrade available.)

Breakfast, Boxed Lunch, Supper

#### DAY 14

Today you will visit a local nomad family. See how a nomadic family milks their livestock and learn how they produce dairy products using the traditional Mongolian method. You can go horse-riding yourself with local trainers, take a walk in the beautiful surrounding area, wander over to see the giant Genghis Khan statue, practice Mongolian archery - or just stretch out for a read or a nap in the glorious summer weather. A relaxed evening in the bar after supper – there are occasional impromptu performances of live Mongolian music, where you might hear the Morin Khuur (horse-head lyre), the cimbalom, or native Mongolian khoomei throat-singing. Breakfast, Lunch, Supper

### DAY 15

This afternoon travel by road to Hustai National Park. The park is home to a some amazing wildlife including Wolves , Lynx and the Golden Eagle and of course the Prezevalsky Horses (known locally as "Takhi"). The park lies in the foothills of the southern Khentii Mountain Range about 100km south west of Ulaanbaatar. Your accommodation is located at the main camp, which has similar facilities as the Elstei Ger Lodge. On arrival to the camp after settling in you will visit the Prezevalsky Horses that live wild in the Park - one of the few places in the world this is possible after being considered extinct for many years. Overnight at the camp. Breakfast, Lunch, Supper

#### DAY 16

You will breakfast at the camp then set off to the picturesque Moilt Valley - this is not far, around 25-30 kms away. This area is famous for wildflowers as well as wildlife. On route you will visit old sculptures and Deer stones (or Reindeer stones ) these are ancient megaliths carved with symbols that can be found all over the world but are concentrated largely in Siberia and Mongolia. The name comes from their carved depictions of flying deer. Lunch along the way and then overnight with supper at the camp.

Breakfast, Lunch, Supper

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### DAY 17

After breakfast you will travel back to Ulaanbaatar which is around 3-4 hours away. The day will also include, once back in the capital, some sightseeing. While out with your guide you will enjoy seeing the Gandan monastery - home to 150 monks and housing the 26.5-meter-high statue of Migjid Janraisig and also the main square where you will see the huge monument of Sükhbaatar ,leader of the army that liberated Mongolia in the 1921 revolution. This evening you will enjoy a concert of traditional Mongolian folk dancing. Breakfast

#### DAY 18

Early morning transfer to the station for the Beijing bound train. Time to leave the Capital On The Steppes – today's train journey meanders through amazing sun parched scenery of the Southern Gobi. Later that evening there comes the Chinese border formalities, after which you are free to get some sleep. Breakfast

#### DAY 19

Don't oversleep today, as it's possibly some of the most spectacular scenery of the entire route, as you leave the desert scenery behind and pass by mountains and rice paddy fields. Afternoon arrival to Beijing Central Station. For services in China and beyond please refer to our web site. No meals